

## I am on the bus

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : no materials

Type of exercise : oral

Duration exercise : 15 min.

### Objectives

- The learner can appoint someone by using the name of a fellow learner.
- The learner can repeat simple phrases.

### Preparation

- Put a chair for every learner in a circle, add an extra one.
- Write on the blackboard *I am.*  
*On the bus.*  
*And I'm sitting next to...*

### Instructions

- The person sitting left of the empty chair hits the empty chair with one hand, sits down on it and says '*I am sitting*'.
- The person who is now sitting left of the empty chair, hits the empty chair, sits down on it and says '*on the bus*'.
- The person who is now sitting left of the empty chair, hits the empty chair, sits down on it and says '*And I sit next to ... (name of another learner)*'.
- The learner whose name is mentioned, starts the game again.

### Variant

- Wipe out the text on the blackboard.
- Ask the learners to make a similar sentence e.g. *I cycle through the city and I cycle next to...*

### Tips for the instructor

Once everyone understands the exercise, speed up the pace! The concentration increases and the exercise becomes more fun.

**Read more in our manual at [www.alternativeways.eu](http://www.alternativeways.eu)**

*Language skills / Linguistic performance*

- Listening
- Speaking

*Linguistic competence/knowledge*

- Sentence construction
- Memory

*Social-emotional skills and competences*

- Communication skills
- Cultural awareness, expression and identity formation
- Empowerment
- Fun