

Parallel ball

Stepping Stones : Body, Movement and Senses

Materials : incl. materials

Type of exercise : oral

Duration exercise : 15 min.

Objectives

- The learner can consolidate new vocabulary.
- The learner can understand simple instructions.

Materials

- Two small balls
- Cards with images related to the treated topic.

Preparation

Make cards with images related to the treated topic.

Instructions

- Divide the group into teams of two or three people.
- One learner holds a ball in the right hand, the other learner holds the cards.
- Start with a simple instruction, e.g. Name the image your partner is showing and simultaneously throw and catch the ball with your right hand.
- Once this goes smoothly, change the instructions, e.g. Name the image your partner is showing, simultaneously throw the ball with your right hand and catch it with your left hand.
- The other learner changes the card after one has been named correctly.
- Increase the level of difficulty by adding lateral steps.

Variant

This exercise is also suitable for consolidating two related groups of words, e.g. regular and irregular verbs, even and odd numbers, fruit and vegetables, catching one group with the right hand and the other with the left hand.

Tips for the instructor

- Once the learner executes the instructions smoothly, increase the level of difficulty to keep the brain active. You can increase the level by adding lateral steps, by simultaneously throwing and catching two balls, ever higher, crossing the balls, and so on.
- Combine this exercise with exercises 10 and 36 to make a trail.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Vocabulary
- Memory

Social-emotional skills and competences

- Fun