

Blind Person's Guide

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : incl. materials

Type of exercise : oral

Duration exercise : 30 min.

Objectives

The learner can understand simple instructions.

Materials

- Blindfolds
- Obstacles if wanted

Preparation

Teach or repeat the words *left, right, straight ahead, attention, slower, faster* and *stop*.

Instructions

- Divide the group into pairs.
- Blindfold one of the two learners.
- The other learner leads his/her blindfolded partner around the room without touching him/her.
- Change roles.

Variant

You can place obstacles to make the exercise more challenging.

Tips for the instructor

It is essential that the learners trust each other and are conscious of their responsibility during this exercise.

Closing up

Ask how it went and how the learners felt being blindfolded.

The Alternative Ways toolkit has been developed by GO! onderwijs van de Vlaamse Gemeenschap (Belgium), Elan Interculturel (France), Arbeit und Leben NRW (Germany), De Talentenschool (The Netherlands) and Storytelling Centre (The Netherlands). The project is co-funded by the Erasmus+ Programme of the European Union. Our website: www.alternativeways.eu.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Vocabulary
- Expressions / sayings
- Oral language skills

Social-emotional skills and competences

- Communication skills
- Cultural awareness, expression and identity formation
- Empowerment
- Fun