

Get to know me

Stepping Stones : Teambuilding & Empowerment; Storytelling

Materials : incl. materials

Type of exercise : oral

Duration exercise : 45 min.

Objectives

The learner can give information about himself/herself.

Materials

Dice

Preparation

Think about inspiring statements, quotes and questions on the topic 'Character'.

Instructions

- Sit in a circle
- Have a group conversation on character and character traits, e.g.
What character traits do you know?
Is there something as a national character?
Which of these traits characterize you? Can you give an example?
Is there something as a national character?
- Introduce the second part of the exercise by throwing the dice and answering the six questions.
 1. *What makes you happy?*
 2. *What makes you sad?*
 3. *What makes you angry?*
 4. *What makes you nervous?*
 5. *What makes you laugh?*
 6. *What makes you calm?*
- Let each learner throw the dice once and answer the corresponding question.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Vocabulary
- Sentence construction
- Expressions / sayings
- Oral language skills

Social-emotional skills and competences

- Communication skills
- Cultural awareness, expression and identity formation
- Empowerment