

A cook in the classroom

Stepping Stones : Expert & On The Go

Materials : incl. materials

Type of exercise : oral

Duration exercise : 60 min.

Objectives

The learner can name vocabulary about cooking and healthy food.

Materials

In consultation with the cook.

Preparation

- Find a cook/nutrition expert or someone else who knows a lot about cooking and healthy eating.
- Prepare the lesson together and determine what material is needed.

Instructions

- The cook teaches.
- Think of a good opening of the lesson / introduction of the cook and a nice, fitting closing.
- Make notes of important new words and expressions.
- Discuss these words and expressions later with the learners.

Tips for the instructor

- Prepare the learners for the visit of the cook in the previous lesson.
- Show them images to build up prior knowledge.
- Make a 'did-you-know-that' list with the help of the cook, with easy-to-remember tips.
- Teach the learners some tricks, like: how to quickly cut an onion, or how to get a cork out of a bottle without a corkscrew, etc.
- Include the skills of the learners: what tips and tricks do they have?

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Listening
- Speaking

Linguistic competence/knowledge

- Expressions / sayings
- Oral language skills

Social-emotional skills and competences

- Communication skills
- Cultural awareness, expression and identity formation
- Intercultural understanding