

## Numbers Run

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : incl. materials

Type of exercise : oral

Duration exercise : 30 min.

### Objectives

The learner can consolidate word series, e.g. numbers, alphabet, days, months, a sentence.

### Materials

- Two sets of cards with the word series, e.g. numbers 1 to 10.
- Something to mark a starting line.

### Instructions

- Divide the group into two teams.
- Draw a starting line. Each team stands in a row at the starting line.
- Place each set of cards, with the vocabulary facing down, a few meters away from the teams. Place the cards in a random order.
- The aim of the exercise is to have all the cards facing up, respecting the logical order.
- The first learner of each team runs to the set and turns around a card at random.
- If s/he turns the card 1, s/he can turn a second card.
- If s/he turns a wrong card, s/he memorizes the position of the card together with his/her team, puts the card back facing down and runs back to the team.
- One by one, the learners run to the set and turn around one card, or a second/third if it is the correct one.
- The learners of each team are allowed to help their running member by shouting instructions.

## **Variant**

- You can make the exercise more difficult by putting obstacles between the starting line and the cards.
- If the series forms a sentence, make sure each word has a unique position in the sentence. Write the first word with a capital.
- In a beginners group, you can tell the learners the sentence beforehand; advanced learners must figure out the sentence by themselves.

## **Tips for the instructor**

Practice the pronunciation of the words before and after the game.

## **Read more in our manual at [www.alternativeways.eu](http://www.alternativeways.eu)**

*Language skills / Linguistic performance*

- Speaking

*Linguistic competence/knowledge*

- Vocabulary
- Sentence construction
- Memory
- Oral language skills

*Social-emotional skills and competences*

- Communication skills
- Fun