

Numbers Run

Stepping Stones : Teambuilding & Empowerment; Body, Movement and Senses

Materials : incl. materials

Type of exercise : oral

Duration exercise : 30 min.

Objectives

The learner can consolidate word series, e.g. numbers, alphabet, days, months, a sentence.

Materials

- Two sets of cards with the word series, e.g. numbers 1 to 10.
- Something to mark a starting line.

Instructions

- Divide the group into two teams.
- Draw a starting line. Each team stands in a row at the starting line.
- Place each set of cards, with the vocabulary facing down, a few meters away from the teams. Place the cards in a random order.
- The aim of the exercise is to have all the cards facing up, respecting the logical order.
- The first learner of each team runs to the set and turns around a card at random.
- If s/he turns the card 1, s/he can turn a second card.
- If s/he turns a wrong card, s/he memorizes the position of the card together with his/her team, puts the card back facing down and runs back to the team.
- One by one, the learners run to the set and turn around one card, or a second/third if it is the correct one.
- The learners of each team are allowed to help their running member by shouting instructions.

Variant

- You can make the exercise more difficult by putting obstacles between the starting line and the cards.
- If the series forms a sentence, make sure each word has a unique position in the sentence. Write the first word with a capital.
- In a beginners group, you can tell the learners the sentence beforehand; advanced learners must figure out the sentence by themselves.

Tips for the instructor

Practice the pronunciation of the words before and after the game.

Read more in our manual at www.alternativeways.eu

Language skills / Linguistic performance

- Speaking

Linguistic competence/knowledge

- Vocabulary
- Sentence construction
- Memory
- Oral language skills

Social-emotional skills and competences

- Communication skills
- Fun